

1. Code of Conduct – Coaches

The athlete/coach relationship is a privileged one. Coaches play a critical role in the personal as well as athletic development of their athletes. They must understand and respect the inherent power imbalance that exists in this relationship and must be extremely careful not to abuse it. Coaches must also recognize that they are conduits through which the values and goals of a sport organization are channeled. Thus how an athlete regards his/her sport is often dependent on the behavior of the coach. The following Code of Conduct has been developed to aid coaches in achieving a level of behavior that will allow them to assist their athletes in becoming well-rounded, self confident and productive human beings.

Coaches have a responsibility to:

1. Treat everyone fairly within the context of their activity, regardless of gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
2. Direct comments or criticism at the performance rather than the athlete.
3. Consistently display high personal standards and project a favorable image of their sport and of coaching.
 - a. Refrain from public criticism of fellow coaches, especially when speaking to the media or recruiting athletes.
 - b. Abstain from the use of tobacco products while in the presence of his/her athletes and discourage their use by athletes.
 - c. Abstain from drinking alcoholic beverages when working with athletes.
 - d. Discourage the use of alcohol in conjunction with athletic events or victory celebrations at the playing site.
 - e. Refrain from the use of profane, insulting, harassing or otherwise offensive language in the conduct of his/her duties.
4. Ensure that the activity being undertaken is suitable for the age, experience, ability and fitness level of the athletes and educate athletes as to their responsibilities in contributing to a safe environment.
5. Communicate and cooperate with registered medical practitioners in the diagnoses, treatment and management of their athletes' medical and psychological problems. Consider the athletes' future health and well being as foremost when making decisions regarding an injured athlete's ability to continue playing or training.
6. Recognize and accept when to refer athletes to other coaches or sport specialists. Allow athletes' goals to take precedence over their own.
7. Regularly seek ways of increasing professional development and self-awareness.
8. Treat opponents and officials with due respect both in victory and defeat and encourage athletes to act accordingly. Actively encourage athletes to uphold the rules of Ringette and the spirit of such rules.
9. In the case of minors, communicate and cooperate with the athletes' parents or legal guardians, involving them in management decisions pertaining to their children's development.



10. In an educational institution, be aware of the academic pressures placed on student-athletes and conduct practices and games in a manner so as to allow academic success.

Coaches must:

1. Ensure the safety of the athletes with whom they work.
2. At no time become intimately and/or sexually involved with their athletes. This includes requests for sexual favors or threat of reprisal for the rejection of such requests.
3. Respect their athletes' dignity; verbal or physical behaviors that constitute harassment or abuse are unacceptable (definition of harassment is attached).
4. Never advocate or condone the use of drugs or other banned performance enhancing substances or methods.
5. Never provide underage athletes with alcohol.

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established in the Coaching Code of Conduct and Coaching Code of Ethics.

Date: _____

Name: _____

Signature: _____

Witness Name: _____

Witness Signature: _____



3. Code of Conduct – Athletes (U14 age and above)

The overall experience for athletes participating in sports should promote the development of healthy and positive values towards themselves, fellow athletes, officials and coaches. The following Code of Conduct has been developed to aid athletes in achieving a level of behavior, which assist them in becoming well-rounded, self confident and productive human beings.

Athletes have a responsibility to:

1. Treat everyone fairly within the context of their activity, regardless of gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
2. Consistently display high personal standards and project a favorable image of their sport and of playing.
 - a. Refrain from public criticism of fellow athletes, coaches and officials.
 - b. Abstain from the use of tobacco products and discourage their use by fellow athletes and coaches.
 - c. Abstain from drinking alcoholic beverages while participating in athletic events.
 - d. Abstain from possession or use of any substance prohibited by Federal or Provincial Law.
 - e. Adhere to the guidelines provided by the Canadian Centre for Drug-Free Sport and abstain from the use of all Banned substances and methods.
 - f. Refrain from the use of profane, insulting, harassing or otherwise offensive language.
 - g. Refrain from vandalism and personal misconduct; to abstain from any malicious damage to property or persons.
 - h. Abstain from personal misconduct causing harassment to participants, officials, coaches or spectators.
3. Treat opponents and officials with due respect, both in victory and defeat.
4. Uphold the rules of Ringette and the spirit of those rules.

Athletes must:

1. Respect the dignity of coaches, officials and fellow athletes; verbal or physical behaviors that constitute harassment or abuse are unacceptable (definition of harassment is attached).
2. Never advocate or condone the use of drugs or other banned performance enhancing substances or methods.
3. Never provide underage athletes with alcohol.

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established in the Athletes' Code of Conduct.

Athlete: _____

Date: _____

Signature: _____

Witness: _____



4. Code of Conduct – Athletes (U12 age and below)

The overall experience for athletes participating in sports should promote the development of healthy and positive values towards themselves, fellow athletes, officials and coaches. The following Code of Conduct, for U12s and below, has been developed to aid athletes in achieving a level of behavior, which assists them in becoming well-rounded, self confident and productive human beings.

1. I will play Ringette because I want to, not just because others or coaches want me to.
2. I will play by the rules of Ringette, and in the spirit of the game.
3. I will control my temper – throwing equipment and “mouthing” off can spoil the activity for everybody.
4. I will respect my team mates and the members of the other team.
5. I will do my best to be a true team player.
6. I will remember that winning isn't everything – that having fun, improving skills, making friends, and doing my best are most important.
7. I will acknowledge all good plays/performances – those of my team and my opponents.
8. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.
9. I will remember that at all times, on and off the ice, to proudly represent my Team, Association and the Ringette Community.”

I agree to this code of conduct, and will follow it.

Athlete: _____

Date: _____

Signature: _____

Parent/Guardian's Signature: _____

